



It has been a busy start to the academic year here at SWHP with the implementation of a new structure and lots of referrals coming in from our schools.

We welcome Dave Bell and Ella Deanus into their new positions as Senior School Family Workers. Together with the office team, they will replace the previous Family Support Manager role. They have stepped up from their previous positions as family workers so bring a wealth of experience and knowledge. They will still hold a case load to ensure they continue with a good understanding of our schools requirements and how best to support the School Family Worker team.

We are currently recruiting for a part-time school family worker to account for this change and are looking to have them in place by January, 2022.

In the meantime, our existing team have been allocated a proportion of these schools and are in the process of conducting handovers to ensure a smooth transition. All details of current allocations can be seen on page 3 and 4.

We are continuing to run workshops for a number of our schools to target a wider audience around areas such as; anxiety and emotional wellbeing and these continue to be very well received.

### **Consent for New Referrals**

In a change to our current procedures, please note that you will need to obtain parental/carer(s) consent in line with your school GDPR policy before any new referrals are made to SWHP. If you haven't already done so, we would also suggest adding us to the list of organisations you share information with within your GDPR policy. This will ensure a quicker process for us to start working with your families.



**Calendar of events can now be found as a separate document with your newsletter email so that you can send out to families and is also detailed on our website:**

[www.southwesthertspartnership.org.uk](http://www.southwesthertspartnership.org.uk)

## **New Senior School Family Workers**

Hi, I'm Dave Bell and will be taking on a new role alongside Ella Deanus as Senior School Family Workers for the Partnership. I've been in the partnership for six years and have really enjoyed working with many of our schools and supporting their families.

I have three boys of my own, all now adults, out there making us proud(ish). I came to SWHP after many years working in corporate IT. I was a secondary school governor for 8 years which has given me a clear understanding of how schools work and the challenges they face. I have in my time run school cycling proficiency (there are some poor souls out there who will never forgive me!) and coached junior rugby and cricket. I really enjoy working with children and helping them to be their best. I will be retaining several of my schools and continuing with family case work as I really enjoy this and want to keep abreast of life 'at the coal face'.

I am excited to take on the new senior role and would like to get out to all our schools to talk about what we are currently delivering for you and any evolving requirements that we could fulfill.



**Dave Bell**  
**Senior**  
**School Family Worker**  
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07872 991576



**Ella Deanus**  
**Senior School Family Worker**  
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For anyone I haven't managed to cross paths with, I'm Ella, one of the new Senior School Family Workers. I have been with SWHP over 5 years now and strongly believe in the difference we make to young people and families across the area.

I work with such a brilliant team and am constantly amazed at their knowledge and compassion. I am looking forward to my new role whilst also continuing family support work with some of our schools.

Please do feel free to get in contact any time if you have any questions about the service or would simply like to introduce yourself.

**Looking for Support With Your  
Mental or Physical Wellbeing?****Are You:**

- ☒ Aged 10-24?
- ☒ Registered with a doctor within the West Herts Area (Watford/Three Rivers/Dacorum/Hertsmere/St Albans)?

**Contact Stephen Ware:**

✉ [stephen.ware@watfordfc.com](mailto:stephen.ware@watfordfc.com)

📞 07510 927143



At SWHP, some of our family workers have been referring the young people they are working with onto the Youth Link service at WatfordFC via Stephen Ware, Health and Wellbeing Officer. This has been well received and is proving a positive experience for those that have engaged with the service.

Youth Link is a social prescribing service for Young People aged 10-24 in Watford and the surrounding West Herts area (Three Rivers / St Albans / Hertsmere / Dacorum).

Youth Link supports young people with low to moderate mental, physical and emotional health needs. It is led by the young person looking for support, information, and direction by referring to community services. We support young people through a dedicated action plan tailored to the individual, providing up to 6 months of support, free of charge. From stopping smoking, building friendships, weight management, staying active, NEET, needing advice for a personal situation to struggling with carer responsibilities and more.

To refer please visit <https://www.watfordfccsetrust.com/project/youth-link> to download the editable PDF referral form and information, or contact Stephen on [Stephen.ware@watfordfc.com](mailto:Stephen.ware@watfordfc.com) / 07510 927 143.

**HOUSEHOLD SUPPORT FUND****Voucher Scheme for families**

Through the newly announced Household Support Fund, HCC are able to allocate vouchers to us once again for families in need. These will be issued across three holiday periods:

Christmas	£50 voucher
February half term	£15 voucher
Easter	£30 voucher

Ella, our Admin Co-ordinator is overseeing the allocation of these vouchers and is currently working with the family workers in identifying which families will benefit from these over the Christmas period.

**LOCAL FOOD BANK LOCATIONS**

This time of year can be particularly hard for many of our families. SWHP can obtain and allocate food bank vouchers or parcels to those that may need that extra bit of help with essential items.



Please click on following links for locations and opening times of food bank's within the local areas.

**Bushey**

<https://redtrustbushey.org/foodbank>

**Three Rivers**

<https://www.threerivers.gov.uk/egcl-page/three-rivers-food-banks>

**Watford**

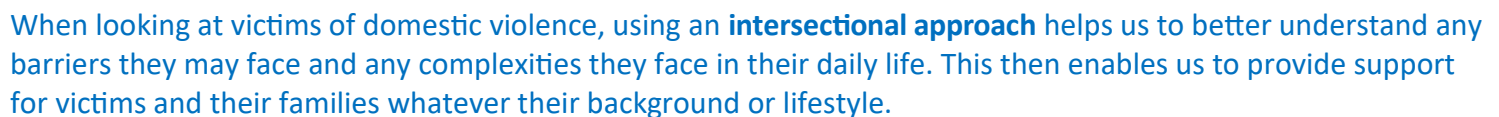
<https://www.watfordfoodbank.co.uk/locations/>



## THE HIDDEN VICTIMS OF DOMESTIC VIOLENCE – INTERSECTIONALITY

We have to deal with not only with one form of oppression but with all forms, which link together to make a double, a triple, multiple, a many layered blanket of oppression

- Domestic violence affects all women regardless of their of backgrounds.
- It does not discriminate on the basis of age, religion, culture, disability or education
- However, society does not necessarily treat all victims equally
- Attitudes and biases in society can influence how a victim of domestic violence is perceived
- Stereotypes can also often lead to barriers in accessing support



For example, a victim from a Black, Asian and Minority Ethnic community who is an immigrant and has language barriers may face traumas unique to that population which then may be compounded by further traumas of domestic abuse.

## EMOTIONAL WELLBEING & COPING STRATEGIES

wellbeing is about our ability to cope with life's ups and downs and make the most of life's opportunities; being able to experience all emotions (and yes even the difficult ones) and being able to return back to a neutral/content state

- Name the emotion
- Accept the emotion without judgement
- Take action

## FIVE WAYS OF WELLBEING (5WOW)



**Many thanks, SEND Commissioning Team.**

# ★ Festive ideas for you and your family to enjoy over Christmas



Bake some Christmassy food and Spread the cheer further by making big batches of your creations and sharing them with neighbours, family and friends. This is a wonderful gift as well as a great and easy way to help out those in need.

<https://www.bbcgoodfood.com/recipes/sparkling-vanilla-christmas-cookies>



See some Christmas lights

If you don't fancy travelling to a Christmas light switch-on event, wrap up warm and go for a walk around your neighbourhood to spot some luminous displays. Great to do as a family, tally up the houses you see with white lights and those with multicoloured lights.

Show your artistic flair by making your own Christmas cards. A lovely way to connect with friends and family. Get the whole family involved, listening to some Christmas jingles as you work.

<https://www.goodhousekeeping.com/holidays/christmas-ideas/g4080/clever-diy-christmas-cards>



## Local Christmas Events

### Local Panto's (oh no it isn't!)

Cinderella at Watersmeet (Rickmansworth)

<https://www.watersmeet.co.uk/cinderella---dates-and-prices>

Dick Whittington and his Cat at Watford Palace Theatre

<https://watfordpalacetheatre.co.uk/events/dick-whittington-and-his-cat>



## Christmas Events at Atria Shopping Centre Watford ★

### Free Christmas Roller Disco

The Christmas roller rink open from 2nd to 31st December

Sessions are free and skate hire is included, however we advise you to pre-book to avoid disappointment. When booking a session you are invited to make a voluntary donation to Atria Watford's chosen charity – Watford Mencap.

The Roller Disco is open from 11am-6pm Mondays to Saturday, and 11am-5pm on Sundays. Please note we are closed on Christmas Day & Boxing Day, and close at 4pm on Christmas Eve and New Years Eve.



**Free Santa's Workshop** - 11am - 4pm - Every weekend in December, families and friends can enjoy free Christmas activities with a little help from Santa's Elves at Santa's Workshop (located on the upper mall near River Island).



- Paper plate wreath decorating - 4th and 5th December
- Bauble decorating - 11th and 12th December
- Reindeer food making - 18th and 19th December

# Meet the SWHP Team

## Business & Senior Management Team



**Carly Maddison**  
Business Manager

Carly.maddison@swhp.org.uk  
07872 991558



**Ella Young**  
Partnership Co-ordinator

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07872 991538



**Dave Bell**  
Senior School Family Worker

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07872 991576

### Allocated Schools

Bushey Heath  
Queen's



**Ella Deanus**  
Senior School Family Worker

Ella.d@swhp.org.uk  
07872 991577

### Allocated Schools

Fair Field  
Rickmansworth Park  
Rickmansworth School  
St John's C of E

## School Family Workers



**Alison Barnes**  
School Family Worker  
Alison.b@swhp.org.uk  
07872 991559

### Allocated Schools

Eastbury Farm	Field Junior
Little Reddings	Newberries
The Reach Free	
The Grange Academy	
Watford Field Infants	



**Baljit Chhina**  
School Family Worker  
Baljit.c@swhp.org.uk  
07872 991535

### Allocated Schools

Ascot Road	Central Primary
Chater Infant	Chater Junior
Holywell	Kingsway Infants
Kingsway Junior	Lanchester



**Caroline Vine-Lott**  
School Family Worker  
Caroline.v@swhp.org.uk  
07872 991566

### Allocated Schools

Breakspeare	Greenfields
Sacred Heart	St. Joseph's
St. Meryl	Watford Boys
Watford UTC	Woodhall
Meadow Wood	

# School Family Workers



**Danielle Simeone**  
**School Family Worker**

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**Allocated Schools**

Ashfield	Coates Way
Merry Hill	Parmiters
The Grove	Watford St John's



**Debbie Greenfield**  
**School Family Worker**

Debbie.g@swhp.org.uk 07872 991561

**Allocated Schools**

Arnett Hills	Christ Church
Croxley Danes	Harvey Road
Holywell	Little Green
Malvern Way	The Russell
	Yorke Mead



**Debbie Wingfield**  
**School Family Worker**

Debbie.w@swhp.org.uk 07872 991546

**Allocated Schools**

Bournehall	Maple Cross
Parkgate Infants	Parkgate Junior
Rickmansworth Park	Shepherd
St Clement Danes	St Joan of Arc
St John's Catholic	St Peters



**Rebecca Lathwell**  
**School Family Worker**

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**Allocated Schools**

Futures Academy	Knutsford
Nascot Wood Infants	St Anthony's
St Catherine of Sienna	St Paul's
The Grove Academy	



**Sam Ward**  
**School Family Worker**

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**Allocated Schools**

Alban Wood	Ashfield
Bushey & Oxhey Infant	Bushey Manor
Cassiobury Infant	Cassiobury Junior
Futures Academy	Holy Rood Catholic
The Grange Academy	Orchard